



Join the Dots

Recruiting & developing **extraordinary** people

Power of Positive Thinking

Objectives

Knowing how to confidently structure and deliver yourself so as to feel confident as an inspirational, talented and results getting deliverer.

What is it about and what will it do?

A 1 day workshop that gives the tools and tactics needed to positively change the ways that people see themselves, present themselves and allow others to treat them.

Who is it for?

New and existing team members, leaders / managers, who want to develop excellence in tackling inner obstacles that can get in the way of personal and professional success.

Outline content

- The power of self-awareness
- Assertive in approach and action
- Taking responsibility for yourself
- Accepting yourself and your power to deliver
- Managing emotions
- The power of visualisation
- Setting and achieving goals
- Communicating with confidence
- When things go wrong
- Personal action planning and evaluation throughout



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